



## Let's Write About Courage

**Write about a time you when you acted with courage in dealing with a problem in your life. Each of us has had to overcome some fears we had by taking action. This might be as simple as taking a test again after you failed an earlier one, or flying on an airplane when you're afraid of planes, or overcoming your fear of leaving your country to come to a foreign land to start a new life.**

Some people have severe health problems, but they still find the courage and strength within to live successful and happy lives. If you know such a person, you can write about her or him.

You can also write about an act of courage that you or someone you know performed and how they must have felt.

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